

# **PSHE Policy**

Policy Date: September 2024

## Responsibility

Individual: Deputy Head Academic

Head of PSHE

Council Committee: E&P

Review Cycle: (Annual)

Next scheduled review: September 2025

Last interim review: October 2024

This policy is to be read in conjunction with the PSHE Scheme of Work, which is a working document found on the PSHE Staff SharePoint site, as well as other relevant school policies, including the Anti-bullying Policy, Behaviour Policy, Child Protection and Safeguarding Policy and the RSE Policy.



#### Introduction

The Personal, Social, Health and Economic (PSHE) Education programme plays an essential part in educating the whole person to be able to make informed decisions and to educate our pupils in their moral and ethical responsibilities and attitudes towards a range of sensitive issues.

PSHE is taught in lessons as well as being part of the wider education at King's, delivered through the tutorial programme and through the Houses. It is therefore a responsibility of every member of staff.

#### **General Aims**

- Pupils should be acquiring knowledge, understanding and developing critical thinking skills to analyse and assess personal, social, health and economic issues.
- Pupils should be acquiring and practising skills and developing attributes that allow them to weigh up evidence and views to formulate their own values and viewpoints.
- Pupils should be able to reflect upon, assess and justify their beliefs and values and use them to support decision-making as they become more independent.
- Pupils should show mutual respect, empathy, acceptance and tolerance of others, regardless of differences.
- Pupils should engage with the fundamental British values of democracy, the rule of law, and individual liberties.
- Pupils should be able to contribute meaningfully to discussion and debate on issues which are important to them.
- Pupils should be able to recognise that healthy lifestyle behaviours improve their capacity to learn and thrive in a variety of contexts.
- Pupils should demonstrate an understanding of how and when to seek help in different situations, how to recognise and report abuse, and how to support their peers.
- Pupils should have the opportunity to study RSE to understand themselves and the world around them.
- Pupils should be encouraged to engage in discussion and deeper thinking to reinforce the PSHE values.

#### **Teaching**

Curriculum time is given to the teaching of PSHE in Third Form, Fourth Form, Fifth Form and Lower Sixth. In addition, annual workshops and PSHE days are held to enable all year groups to spend more time learning about key aspects of the PSHE curriculum.

A team of PSHE teachers deliver the spiral curriculum which covers a wide variety of topics in a timely way and which is age and developmentally appropriate to meet the needs of our pupils, including those pupils with SEND. It is inclusive of all sexual and gender identities, races, cultures, disabilities and additional needs. The programme is delivered in a non-judgemental, factual way, using the correct medical terms where appropriate (for example when teaching about external body parts).



School staff will not express or be expected to express their personal views or beliefs when teaching PSHE.

Staff are given regular support and training delivered via external agencies, through the Head of PSHE leading termly PSHE teacher meetings, and also through the in-house weekly series of 15-Minute Forums open to all staff. These opportunities allow for a confident and experienced team of PSHE teachers who are familiar with the well-planned curriculum and offer a consistent approach.

### Monitoring, Evaluation and Assessment

The programme is regularly monitored and evaluated by the PSHE team to ensure impact, to improve teaching effectiveness, and to ensure that the pupil voice is heard. This takes place through a variety of methods including both structured and informal staff and pupil feedback, and whole-school annual surveys.

The monitoring and assessment of PSHE is designed to ensure that the important issues covered have been considered and understood by pupils with a holistic and discussion-based approach. A variety of assessment techniques will be used by individual class teachers including discussion, work scrutiny, self and peer assessment, questioning, quizzes and surveys.

PSHE is reported upon in the termly reports to parents, to ensure that there is a regular feedback regarding content.